## **PREVENT CHILDHOOD PEDIATRIC BURNS:**

There's nothing better than warming up with a hot cup of soup or cider when it gets cold outside. But, hot liquids can cause serious pediatric scald burns, with instant soups accounting for 1 in 5 pediatric scald burns every year.

**KEEP** children out of the kitchen while cooking hot liquids.



**BEFORE CONSUMING** noodles, stir them up so heat will distribute throughout the container.

**NEVER LEAVE** a child unsupervised with instant soup.

**REMOVE** soup from original containers and place them in safer, more stable containers.

**AVOID** tablecloths: young children can pull on them and spill hot liquids.

TAKE TIME to teach children about food safety and proper handling techniques.

**BE EXTRA** cautious when allowing children to handle instant soups and warm liquids.



**IF A CHILD IS** BURNED, **IMMEDIATELY REMOVE HIS/HER CLOTHING, AND RUN THE AFFECTED TISSUE UNDER COLD WATER. IF** THE BURNS ARE **SEVERE, TAKE YOUR CHILD** TO THE **EMERGENCY ROOM RIGHT AWAY.** 

**TURN** pot handles inwards and out of the reach of children.

**NEVER** place hot coffee/liquids in a child's stroller cup holder.



MAKE SURE to cool soups and hot drinks before serving them to children.



MAKE SURE to cook hot liquids on the back burners of the stove.



TEACH children what "hot" means and why they 2/2 must be careful around hot liquids. HU

MAKE SURE children are sitting in stable positions before serving soup or warm liquids.

