PREVENT CHILDHOOD PEDIATRIC BURNS:
There's nothing better than warming up with a hot cup of soup or cider when it gets cold outside. But, hot liquids can cause serious pediatric scald burns, with instant soups accounting for 1 in 5 pediatric scald burns every year.

- **KEEP** children out of the kitchen while cooking hot liquids.
- **BE AWARE** cautious when allowing children to handle instant soups and warm liquids.
- **NEVER** place hot coffee/liquids in a child's stroller cup holder.
- **MAKE SURE** to cool soups and hot drinks before serving them to children.
- **MAKE SURE** to cook hot liquids on the back burners of the stove.
- **TEACH** children what “hot” means and why they must be careful around hot liquids.
- **MAKE SURE** children are sitting in stable positions before serving soup or warm liquids.
- **AVOID** tablecloths: young children can pull on them and spill hot liquids.
- **REMOVE** soup from original containers and place them in safer, more stable containers.
- **NEVER LEAVE** a child unsupervised with instant soup.
- **TURN** pot handles inwards and out of the reach of children.
- **TAKE TIME** to teach children about food safety and proper handling techniques.
- **IF A CHILD IS BURNED, IMMEDIATELY REMOVE HIS/HER CLOTHING, AND RUN THE AFFECTED TISSUE UNDER COLD WATER. IF THE BURNS ARE SEVERE, TAKE YOUR CHILD TO THE EMERGENCY ROOM RIGHT AWAY.**

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