

# Make a Plan to Prepare for Disasters

## #nationalpreparednessmonth



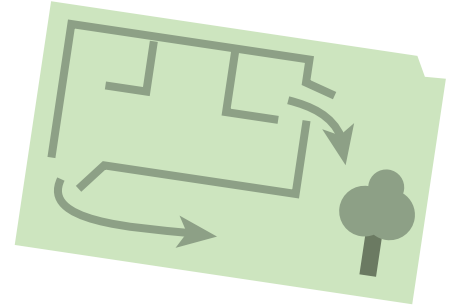
### Create emergency plans and disaster supply kits with your family



**Sheltering in place:** Gather essential supplies for at least 1 week: non-perishable food, water, first aid kit, medicines, batteries, books, puzzles and games for children, and special dietary needs.

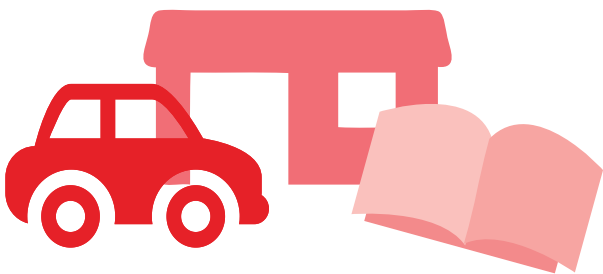
- Place these items in a to-go bag in the event of an evacuation, along with all important financial, medical, and household documents.

**Evacuating:** Choose several evacuation routes and make practice runs on each route. Distinguish a safe meet-up point for the entire family to reunite.



**Communication:** How will you get in touch with each other during a disaster? Have external cell phone chargers ready to go. Text messages are more likely to reach family members than phone calls.

Include your furry friends in your plans. Make sure to store enough pet food and water, a collar with ID tags, and an extra leash. Pack a pet's favorite toys and treats, and keep a picture of your pet printed out in case you become separated.



Find out if your child care provider has an emergency plan and parent handbook. Work with providers to practice emergency drills, evacuation routes, pick-up spots, and shelter-in-place protocols.

Create a communications card for everyone in your family which includes:

- Contact information: home, work, medical doctors, and child care providers
- Out of town contact numbers and email addresses
- Emergency meet-up locations

