THE DANGERS OF HOT LIQUIDS: HOW TO KEEP CHILDREN SAFE THIS WINTER

There’s nothing better than warming up with a hot cup of soup or cider when it gets cold outside. But, hot liquids can cause serious pediatric scald burns, with instant soups accounting for 1 in 5 pediatric scald burns every year.

HOT LIQUID FACTS:

Nearly 75% of all pediatric burns are preventable.

Most injuries happen to children between 4-7 years old.

Injuries include first-, second-, and third-degree burns.

Most burns affect the “trunk,” this is from the shoulders to the groin.

Burns from noodles cause longer hospital stays than burns from other types of soups because noodles stay hotter longer.

WHY CHILDREN GET PEDIATRIC BURNS:

- Children pull soup down from the microwave themselves.
- Parents wrongly assume that instant soups are safer than soup coming out of a stove.
- Uncoordinated walking while holding soup.
- Children spill soup while eating.
- Children get too close to the stove where hot steam or hot liquids are cooking.
- Parents drink hot liquids without using a lid, and curious children grab for the drink.
- Unsupervised children turn on the hot water in the kitchen or bathroom.