Jeanliness 000 **CHECK LIST** 



## **CLEAN** Wash your hands and surfaces often.



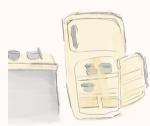


## **SEPERATE** Don't cross-contaminate.



**COOK** to the right temperature.

**165°** for poultry, **155°** for ground beef, **145°** for pork and seafood, **135°** for cooked produce



**CHILL** to 41°F.



## Source: CDC

Reference to specific commercial products, manufacturers, companies, or trademarks does not constitute its endorsement or recommendation by the Centers for Disease Control and Prevention

Fold or cut on line