FALL SAFETY TIPS FOR CHILDREN

Back-to-school is in full swing, and cooler days are setting in. Keep kids safe this Autumn:

- Hold your child’s hand in parking lots. Cars backing out of parking spaces will have a harder time spotting young children when it’s dark outside.

Check playground equipment for sharp edges, faulty equipment, and make sure kids can’t squeeze their heads between bars.

With daylight growing shorter, kids still like to play outside on warm evenings. Make sure kids wear bright-colored clothing and sneakers so drivers can easily see them.

Always have your child wear protective sports gear, even if she’s practicing alone at home.

- With the holidays fast approaching: Check gifts for loose strings and ribbons, as they could strangle or choke young children.

- Store gift wrapping materials out of sight of young children.

- Check all decorative materials for fire hazards.

- Use plastic or flameless candles to avoid burns and fires.

- Keep young children out of the kitchen and away from hot ovens. Turn pot handles inward and out of the reach of children.

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Teach children to wash their hands often to avoid getting sick and spreading germs.

Avoid pediatric burns by always checking the temperature of hot soup, water and cider before serving to children.

Dress children in weather-appropriate clothing to avoid sickness and the common cold.

Make sure your childcare center has safe, evening pick up protocols in place.

- As it gets dark outside, unwanted tailgaters may try to follow parents into the facility. Make sure security cameras and standard pick up and drop off procedures are in use.

- Make sure the parking lot is brightly lit, and free of tall bushes and dumpsters, as they can create hiding places.

- Choose light layers and remove damp clothing immediately.

- Kids may want to help rake leaves and play in the leaf piles. Keep sharp, dangerous tools stored away and out of sight of children.

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