

Thanksgiving

SAFETY TIPS FOR PARENTS AND CHILDREN

Sleep And Vehicle Safety

MAKE SURE children use the bathroom or have a fresh diaper change before leaving home.

Children might be nervous about sleeping out. Before you leave your home, **TALK TO CHILDREN** about any worries they may have.

Keep your eyes on the road, and **LOOK OUT** for intoxicated drivers.

DON'T STRAP children into car seats with their jackets on, as **THIS CAN DECREASE** the car seat's efficiency. Instead, **WRAP** a warm blanket around your child after safely strapping her in.

If you're sleeping out, **MAKE SURE** children sleep in a safe travel crib or bassinet.

If you see something suspicious, say something. **DON'T BE AFRAID** to report strange behaviors to 9-1-1.

Give children **TIME TO DIGEST** before putting them to bed.