

Teach Youth to Prepare for Disasters

#nationalpreparednessmonth



Involve Kids in Emergency Preparedness Plans

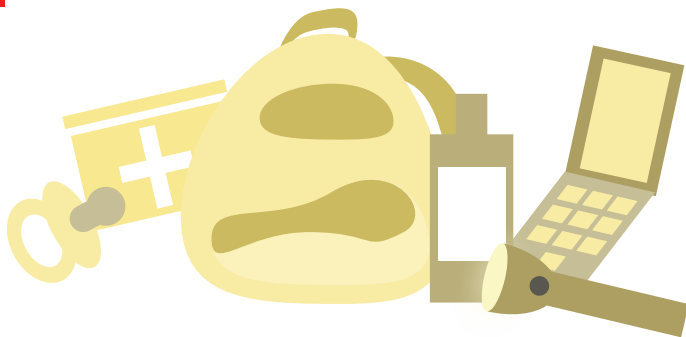
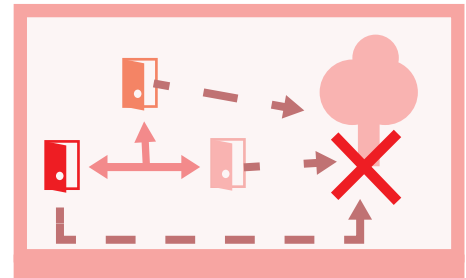
60% of children under the age of **5** spend an average of **36 HOURS A WEEK** in a child care setting. During an emergency, your child may likely be in the care of a provider.

- Know your child care provider's emergency response, evacuation and pick-up location, and shelter-in-place plans.
- Find out how child care providers plan to reach caregivers (email, text, phone calls).



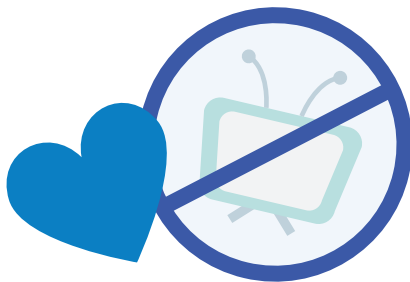
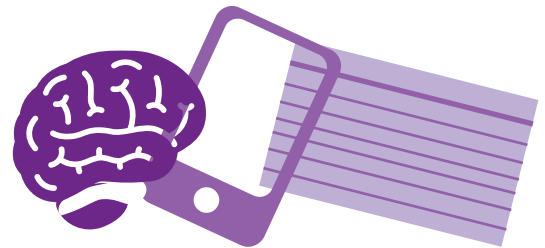
Talk to children about emergency preparedness in an age-appropriate manner.

Communication plans: make sure children know how to evacuate during an emergency, as well as how to locate the designated safe meet-up point. Practice emergency drills and evacuation routes with children.



Have children help make emergency kits and pack a to-go bag with essential medications, supplies, and special toys.

Have children memorize their home phone number and address. Include a communications card in their backpack with important contact information.



Soothe and help children cope before, during, and after a disaster.

- Keep young children away from the television, as news reports may scare them.

Providers: create games and fun tools to encourage kids to get involved in emergency preparedness, response, and recovery.

